

San Diego History Center Proposed Trustee Biographies

Josh Buchholz

As the Senior Vice President of NAI San Diego, Josh's specializes in the leasing and sale of commercial office properties in San Diego, primarily in the downtown and central office markets. Prior to joining NAI San Diego, Mr. Buchholz worked at The Abbey Company as a Property Manager for three Class A office towers in the city of Commerce, California.

Josh was recently awarded with the annual "Top 40 Under 40 San Diego" *San Diego Transcript* award for the second year in a row and in 2012 and 2014 he was recognized as NAI San Diego's Top Producer of the Year.

Josh is a member of San Diego Rotary Club contributing his time to the Fish Across The Borders Committee delivering food and clothing to needy families in Mexico. He also is a SIOR® (Society of Industrial and Office Realtors) Young Leader.

He received his Bachelor of Arts Degree in International Business with an emphasis in Latin America and Management from San Diego State University in 2003. In addition, Josh received two certificates of completion in International Business from the University of Antonio de Nebrijas in Madrid Spain in 2000 and the University of Val Paraiso in Vina Del Mar Chile in 2002.

Frank L. Pavel

Dr. Pavel was in the private practice of oral and maxillofacial surgery in San Diego since 1984 and has placed more than 9,000 dental implants.

Frank is a fellow of the Pierre Fauchard Academy, an honorary dental service organization, past President of the San Diego Surgical Society and past Chief of Oral Surgery at three major local hospitals. Additional professional affiliations include: Diplomate American Board of Oral and Maxillofacial Surgery; Member of the Academy of Osseointegration; Co-Founder

of the San Diego Mini-Residency for Dental Implants; Board of Director of Southern California Orofacial Academy and a Charter member of the Institute of Dental Implant Awareness.

He attended Gonzaga University and then completed Tufts University School of Dental Medicine in Boston, Massachusetts. He completed one year of post-doctoral studies in anesthesiology at Ohio State University Medical Center and trained in oral and maxillofacial surgery at the University of Southern California Los Angeles County Medical Center

Thomas P. Sayer, Jr.

Tom Sayer is an attorney in private practice and serves as General Counsel to several real estate, hotel and travel marketing companies. Representation has included handling hundreds of commercial transactions, as well as overseeing numerous lawsuits in the areas of real estate, bankruptcy, employment and commercial law.

Tom is a member of the San Diego County Bar, California State Bar and the American Bar Associations and has served as Chair of the Commercial Law Section of the San Diego County Bar Association.

Since the inception of the program, Mr. Sayer has taught the Hospitality Law course at San Diego State University's L. Robert Payne School of Hospitality & Tourism Management. For over 15 years he has served on the Board of the San Diego Hotel-Motel Association and is Past President and Charter Member of the San Diego Downtown Breakfast Rotary Club.

Mr. Sayer is a graduate of Cornell University, where he received a BS with honors in Hotel Administration. He received his Law Degree from California Western School graduating third in his class.